

PART REFERENCE #	DIE/SIZE	FACESTOCK	OPTIONS	WIND	LINE SCREEN/MISC.	DATE
9231-OMEGA3	D5110 • 3 X 8 • T65	WHITE G	UV FLOOD	WIND-4	133L • EXL	1/23/03
BLACK	PMS 347	PMS 172				

***Note: Colors are representational only, not for color matching. For spot (PMS) colors, use current reference manuals for accurate color**

Living Fuel's Omega 3 & E is truly the Ultimate in Essential Oils. Omega 3 EPA/DHA is critical to human health and longevity and is found in highest concentrations in certain fish oils. We begin with the finest fish oils which are then ultra-purified using a proprietary flash molecular distillation process. This process ensures that our oils are free of measurable levels of impurities including PCB's, Heavy Metals or Oxidized contaminants. Each batch is rigorously tested to guarantee this unparalleled level of purity. Full-spectrum Vitamin E is a powerful antioxidant with numerous health benefits and is found in highest concentrations in Oryza rice bran oil. Oryza oil contains high concentrations of Tocotrienols and Tocopherols which we include in sufficient dosages to help protect the delicate polyunsaturated fats against free radical damage both inside the bottle and, more importantly, inside the body. GLA is included to balance the Omega 3 and Omega 6 pathways for the production of prostaglandins in the body. This product DOES NOT CONTAIN wheat, gluten, rye, oats, corn, yeast, egg, soy, sugar, wax, preservatives or any milk derivatives.

KEEP OUT OF REACH OF CHILDREN

Exclusively Manufactured
for and Distributed By
Living Fuel
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Lot # & Expiration Date:



**EPA/DHA
Tocotrienols/Tocopherols
GLA**
All Natural Dietary Supplement
Purity Guaranteed
120 Softgel Capsules

SUPPLEMENT FACTS

Serving Size: 1 Softgel Capsule (860 mg Active)		
Amount Per Serving	% Daily Value*	
Calories:	8	
Calories from Fat:	8	
Total Fat	0.9g	
Saturated Fat	0.2g	
d-alpha tocopherol (from Oryza Rice Bran Oil)	8 IU	27
EPA (Eicosapentanoic acid 20:5 omega 3) (from 667 mg of purified fish oils)	120 mg	†
DHA (Docosahexanoic acid 22:6 omega 3) (from 667 mg of purified fish oils)	80 mg	†
GLA (Gamma Linolenic Acid 18:3 omega 6) (from 130 mg of cold pressed borage seed oil)	30 mg	†
Tocotrienols (gamma, alpha and delta) (from 60 mg of Oryza Rice Bran Oil)	12 mg	†
Gamma Tocopherol (from Oryza Rice Bran Oil)	1.7 mg	†

*Percent Daily Values are based upon a 2000 calorie diet
†Daily Value not established

Other ingredients: gelatin (shell), glycerin (shell), and water (shell).
Directions: As a dietary supplement, take a minimum of 3 softgel capsules per day. For optimal results, take 1 softgel capsule per 25 pounds of body weight per day up to 12 softgel capsules, or as directed by a healthcare professional.